

November/December 2015

Volume VIII

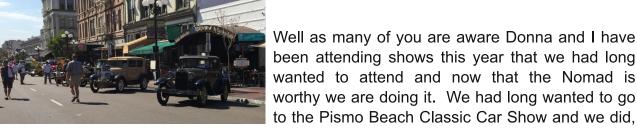
Issue 3





The 7th Annual Fifth Avenue Auto Showcase

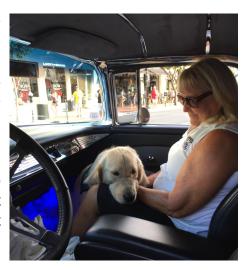
by Sam Rindskopf



similarly we had wanted to attend the Fifth Avenue Auto Showcase for awhile and this year we were able to.

When you enter this car show you need to provide pictures of your car and discuss the major awards you have won, that was a first for us. We did have to send pictures of our car in order to park inside at Good Guys but no discussion of awards we had won. We were happy to receive notice that our entry had been received and accepted.

A few days before the show we were invited to come to the Gas Lamp at 0'dark thirty (4:30 a.m.) for a TV spot on NBC. We were happy to support the event and get our Nomad on TV and as it turned out I was interviewed as well.



The day of the show we were up early and cruised down to the Gas Lamp Quarter, we were given our goodie bag which included 2 free lunch coupons and a few other odds and ends and then parked on Fifth Avenue right in the heart of the Gas Lamp Quarter and the Show. They actually park the cars in each class together so all of the American Classics were on our block. This show was pretty cool (however the day was really hot, I think it was the second hottest of the year downtown) because they closed Fifth Avenue down and they also had some cars neither Donna nor I had ever seen before.





Our friends from the Corvette Club Dave and Kathleen Regenhardt joined us. Our daughter Tonya and her boyfriend Rob walked over from their apartment a little later and we all checked out the cars and went to lunch. We really enjoyed meeting new folks and talking about the different cars. We had a couple park next to us with a Studebaker Hawk, mostly all original. We loaned him a wrench to disconnect

his battery so his brake lights would go off, we were happy to help out. On the other side of us was Emory Bishop in his 56 Chevy Convertible; we met at the Coronado Car Show where we were also parked next to each other. Our new friend Craig from Ramona was on the other side of Emory in his beautiful black Cobra. Farther down the row was another friend Bruce Brown with his all original early 60s Buick.

When it came to awards time they announced all of the different classes, wow Emory with his beautiful all original 56 Convertible won third, Bruce Brown with his unrestored early



60s Buick won second, and that black 57 Nomad won first, wahoo, Donna and I were both super excited to have won our class against a lot of really nice cars. Sam







Tri-Five Member News and Updates





Congratulation

Rod Hildebrand

winner at the November

In-N-Out Cruise.

Linda is home a doing spectacular after her heart transplant, working through a really bad cough.

Now on to Wayne - on November 20th he had a very successful heart value replacement. He is home now just in time for the Holidays and we wish them both a speedy recovery and good health in the coming year.





Tri-Five Revolution Christmas Party

Sunday - December 20th

Bob & Ava's Rough Edges Ranch at Noon

Along with our knock down, drag out, cut throat, no holds barred <u>Holiday Gift Exchange</u>, this year we will be having an <u>Ugly Christmas Sweater Contest</u> for whoever would like to participate.

Looking forward to a great time, Bob & Ava

For gift exchange, everyone can bring your own \$20 gift (please mark - boys, girls or either) or you can play as a couple or not at all and just watch the fun.

We have 28 signed up to attend. Along with your potluck contribution, please bring your own chairs and drinks.



A VISIT WITH THE LOS ANGELES CLASSIC CHEVY CLUB

SUBMITTED BY WAYNE & LINDA

We have been staying in the Los Angeles area since Linda received her new heart on August 22nd. At first, we were so busy with medical appointments, figuring out medications and just taking care of business, we didn't have much time for anything else. It has been almost eight weeks since receiving the heart and appointments are now down to once a week. We were able to go home for a few days, but had to return in time for the next appointment. Recently, during the time between appointments, we had time to do other things. While spending most of our time inside, avoiding the record heat, we received the Los Angeles Classic Chevy Club (LACCC) monthly newsletter from Ava. We saw they were having their monthly meeting on Sunday, October 11, and we decided to attend. They meet at 4 pm at El Paso Cantina in Torrance. We arrived too early and decided to have lunch before the meeting. The food was excellent and we recommend it if you happen to be in the area.

We have known and had met President, Jerry Diego area events at Pechanga. We how big the club is would show up at Jerry told us they memberships, but people attended Jerry brought the with the tapping of welcomed us to meeting was pretty



about LACCC LACCC

Mull, at past San like Nifty at Fifty did not know or how many the meeting. have 50 to 60 fourteen only this meeting. meeting to order gavel the and their group. The typical of

most club meetings go, discussing past events and upcoming events, coupled with side stories about personal experiences and a raffle. We participated in the raffle by buying six tickets for five bucks. The first ticket drawn was ours, scoring a gift card for food at the restaurant. Three tickets later, we won again, a book on the history of drag racing. When our third ticket was drawn, we decided we didn't need to acquire any more items and asked them to draw another ticket, but it was fun to win.

During the meeting we made some new friends, including Bob Barnes who is half owner of Verne's Chrome Plating in Gardena. Bob has been around cars all his life and has owned hundreds of cars over the years and still owns quite a few. He will entertain you for hours with his car stories. The members of LACCC are really nice car people and our experience was great, which is exactly what you would expect from a bunch of Classic Chevy owners.

Upcoming T5R Events





T5R Christmas Party
Bishop's Home in Ramona
Sunday, December 20, 2015 - Noon
\$20 Holiday Gift Exchange and
Ugly Christmas Sweater Contest

In N Out Burger Cruise Scripps Poway Parkway December 5 - 11am



No Meetings in December Next T5R Meeting Mainstream January 21, 2016 5:30pm



T5R New Years Day Cruise January 1, 2016 contact Mike Harvey for more info



SWAP* MEET!

Big 3 Auto Parts Exchange Qualcomm February 26 - 28, 2016 T5R Potluck 2/27 - 11:30am contact Ava to purchase a pass





March 3-6, 2016 Yuma, Az

T5R Caravan leaving Thursday the 3rd
Hampton Inn & Suites
1600 E 16th St







Claudia's Corner

Some of us have reached our golden years, and some of us have not. But these suggestions should be read by everyone. They have been collected from many a senior, each with his or her own piece of advice. Some you know, some may surprise you, and

some will remind you of what's important. So read well, share with your loved ones, and have a great day and a great life!

- 1. It's time to use the money you saved up. Use it and enjoy it. Don't just keep it for those who may have no notion of the sacrifices you made to get it. Remember there is nothing more dangerous than a son or daughter-in-law with big ideas for your hard earned capital. Warning: This is also a bad time for an investment, even if it seems wonderful or fool-proof. They only bring problems and worries and this is a time for you to enjoy some peace and guiet.
- 2. Stop worrying about the financial situation of your children and grandchildren, and don't feel bad spending your money on yourself. You've taken care of them for many years, and you've taught them what you could. You gave them an education, food, shelter and support. The responsibility is now theirs to earn their own money.
- 3. Keep a healthy life, without great physical effort. Do moderate exercise (like walking every day), eat well and get your sleep. It's easy to become sick, and it gets harder to remain healthy. That is why you need to keep yourself in good shape and be aware of your medical and physical needs. Keep in touch with your doctor, get tested even when you're feeling well. Stay informed.
- 4. Always buy the best, most beautiful items for your significant other. The key goal is to enjoy your money with your partner. One day one of you will miss the other, and the money will not provide any comfort then, enjoy it together.
- 5. Don't stress over the little things. You've already overcome so much in your life. You have good memories and bad ones, but the important thing is the present. Don't let the past drag you down and don't let the future frighten you. Feel good in the now. Small issues will soon be forgotten.
- 6. Regardless of age, always keep love alive. Love your partner, love life, love your family, love your neighbor and remember: "A man is not old as long as he has intelligence and affection."
- 7. Be proud, both inside and out. Don't stop going to your hair salon or barber, do your nails, go to the dermatologist and the dentist, keep your perfumes and creams well stocked. When you are well-maintained on the outside, it seeps in, making you feel proud and strong.
- 8. Don't lose sight of fashion trends for your age, but keep your own sense of style. There's nothing worse than an older person trying to wear the current fashion among youngsters. You've developed your own sense of what looks good on you keep it and be proud of it. It's part of who you are.
- 9. ALWAYS stay up-to-date. Read newspapers, watch the news. Go online and read what people are saying. Make sure you have an active e-mail account and try to use some of those social networks. You'll be surprised which old friends you'll meet. Keeping in touch with what is going on and with the people you know is important at any age.
- 10. Respect the younger generation and their opinions. They may not have the same ideals as you, but they are the future, and will take the world in their direction. Give advice, not criticism, and try to remind them of yesterday's wisdom that still applies today.
- 11. Never use the phrase: "In my time". Your time is now. As long as you're alive, you are part of this time. You may have been younger, but you are still you now, having fun and enjoying life.
- 12. Some people embrace their golden years, while others become bitter and surly. Life is too short to waste your days on the latter. Spend your time with positive, cheerful people, it'll rub off on you and your days will seem that much better. Spending your time with bitter people will make you older and harder to be around.
- 13. Do not surrender to the temptation of living with your children or grandchildren (if you have a financial choice, that is). Sure, being surrounded by family sounds great, but we all need our privacy. They need theirs and you need yours. If you've lost your partner (our deepest condolences), then find a person to move in with you and help out. Even then, do so only if you feel you really need the help or do not want to live alone.
- 14. Don't abandon your hobbies. If you don't have any, make new ones. You can travel, hike, cook, read, dance. You can adopt a cat or a dog, grow a garden, play cards, checkers, chess, dominoes, golf. You can paint, volunteer at an NGO or just collect certain items. Find something you like and spend some real time having fun with it.

- 15. Even if you don't feel like it, try to accept invitations. Baptisms, graduations, birthdays, weddings, conferences. Try to go. Get out of the house, meet people you haven't seen in a while, experience something new (or something old). But don't get upset when you're not invited. Some events are limited by resources, and not everyone can be hosted. The important thing is to leave the house from time to time. Go to museums, go walk through a field. Get out there.
- 16. Be a conversationalist. Talk less and listen more. Some people go on and on about the past, not caring if their listeners are really interested. That's a great way of reducing their desire to speak with you. Listen first and answer questions, but don't go off into long stories unless asked to. Speak in courteous tones and try not to complain or criticize too much unless you really need to. Try to accept situations as they are. Everyone is going through the same things, and people have a low tolerance for hearing complaints. Always find some good things to say as well.
- 17. Pain and discomfort go hand in hand with getting older. Try not to dwell on them but accept them as a part of the cycle of life we're all going through. Try to minimize them in your mind. They are not who you are, they are something that life added to you. If they become your entire focus, you lose sight of the person you used to be.
- 18. If you've been offended by someone forgive them. If you've offended someone apologize. Don't drag around resentment with you. It only serves to make you sad and bitter. It doesn't matter who was right. Someone once said: "Holding a grudge is like taking poison and expecting the other person to die." Don't take that poison. Forgive, forget and move on with your life.
- 19. If you have a strong belief, savor it. But don't waste your time trying to convince others. They will make their own choices no matter what you tell them, and it will only bring you frustration. Live your faith and set an example. Live true to your beliefs and let that memory sway them.
- 20. Laugh Laugh A LOT. Laugh at everything. Remember, you are one of the lucky ones. You managed to have a life, a long one. Many never get to this age, never get to experience a full life. But you did. So what's not to laugh about? Find the humor in your situation.
- 21. Take no notice of what others say about you and even less notice of what they might be thinking. They'll do it anyway, and you should have pride in yourself and what you've achieved. Let them talk and don't worry. They have no idea about your history, your memories and the life you've lived so far. There's still much to be written, so get busy writing and don't waste time thinking about what others might think. Now is the time to be at rest, at peace and as happy as you can be!



Upcoming Events

- 11/1 Daylight Saving Time Fall Back
- 11/7 In N Out Cruise Scripps Poway Parkway
- 11/8 Golden Bear Car Show Temecula (Rindskopf)
- 11/19 T5R Meeting Mainstream (Geiman)
- 11/20 No T5R Nova Project
- 11/26 Happy Thanksgiving
- 11/29 Long Beach Swapmeet
- 12/2 <u>T5R Nova Project</u> Resumes (Bishops)
- 12/5 In N Out Cruise Scripps Poway Parkway
- 12/6 Pomona Swapmeet
- 12/9 T5R Nova Project (TBD)
- 12/13 Street Masters Christmas Cruise Torrey Pines
- 12/13 Long Beach Swapmeet

Remember NO MEETINGS in December

- 12/20 T5R Christmas Party Bishops, Ramona
- 12/25 Merry Christmas

2016

- 1/1 Happy New Year
- 1/1 T5R New Year Day Cruise details will be emailed
- 1/2 In N Out Cruise Scripps Poway Parkway
- 1/9 Burger Run Vista, CA
- 1/10 Long Beach Swapmeet
- 1/17 Pomona Swapmeet
- 1/15 18 T5R Cibola/Quartzite Trip Bishop Ranch, Az.
- 1/16 T5R Tri Tip Bar-B-Que Bishop Ranch, Cibola Az.
- 1/21 T5R Meeting Coco's Poway (Harvey)
- 1/31 Long Beach Swapmeet
- 2/6 In N Out Cruise Scripps Poway Parkway
- 2/6 13th Annual Car Show San Juan Capistrano
- 2/13 14th Annual Dr. George Car Show Indian Wells
- 2/14 Valentines Day
- 2/14 Long Beach Swapmeet
- 2/18 T5R Meeting Mainstream (Hildebrand)
- 2/26 2/28 Big 3 Auto Parts Exchange Qualcomm
- 2/27 T5R Big 3 Potluck Bar-B-Que Qualcomm
- 3/3 T5R Cruise to MATO
- 3/3 6 Midnight at the Oasis Yuma, AZ
- 3/6 Pomona Swapmeet
- 3/13 Long Beach Swapmeet
- 3/17 T5R Meeting Mainstream (Brown)
- 3/27 Easter

Red Font is a club attending event

Green Font is a club supported event

For site links, information, details, event flyers visit our website at: http://www.tri-fiverevolution.com



Suddenly, it's time to start thinking about holiday baking: what favorites will I make again; which new recipes do I want to try. When I was young, and our Tri-5's were new, Aunt Helen Armer was the only relative who made a large variety of cookies each year often producing eight to ten tins of different delights she'd serve at the numerous bridge games and teas the Aunties hosted throughout the season. By comparison, Grandma Mim made only Mrs. Ludeman's German Pfefferneuse, turning a pound each of molasses, sugar, and butter; three-and-a-half pounds of flour and a half pound of almond nut meats into hundreds of thing, crispy cookies.

I've become a fan of the just-made-for-dunking, twice-baked cookies the Italians know as biscotti and that Sylvia, Harvey's mom, called Mandlebrot. The dough goes together quickly and only needs to be formed into a log prior to the first baking. I find them just as easy to make as bar cookies, but with a longer storage life. The traditional recipes are delicious. But, this year, I'm going to add a new version to my holiday cookie repertoire — a spicy and full bodied cookie that fills the whole house the fabulous aromas of ginger, cinnamon, cloves and nutmeg.

Gingerbread Biscotti with Lemon Glaze

Dough:

1/3 cup vegetable oil1 cup sugar3 eggs1/4 cup molasses2-1/4 cup all-purpose flour

1 cup whole wheat flour

Glaze:

1 cup powdered sugar2-3 tablespoons milk

1 tablespoon baking powder 1-1/2 tablespoon ginger 3/4 tablespoon cinnamon 1/2 tablespoon cloves 1/4 teaspoon nutmeg



1/2 teaspoon lemon extract1 teaspoon lemon zest (optional)

Preheat oven to 375 degrees. Grease a baking sheet.

Mix oil, sugar, eggs and molasses in a large bowl. In another bowl, gently whisk both flours, baking powder and the spices to combine. Mix into the egg mixture to form a stiff dough.

Divide dough in half, shape each half into a roll about 14-inches long. Place rolls side-by-side on baking sheet. Pat each roll down to flatten dough to a 1/2-inch thickness.

Bake in preheated oven for 25 minutes. Remove from oven. Set aside until cool enough to handle but still warm.

Using a serrated blade knife, carefully cut diagonally into 1/2-inch slices. Place slices cut side down on sheet and return to oven for an additional 5 to 7 minutes on each side, until cookies are toasted and crisply. Cool.

In a small bowl, mix together powdered sugar, extract, 2 tablespoons milk, and lemon zest, if using. Add more milk as needed to achieve desired consistency. Dip one end of each biscotti in glaze; or drizzle glaze over one edge of each cookie. Place cookies on a rack over a sheet of waxed paper or paper towels to catch any drips and allow glaze to dry.

Tri-5 Revolutionaries Business Cards





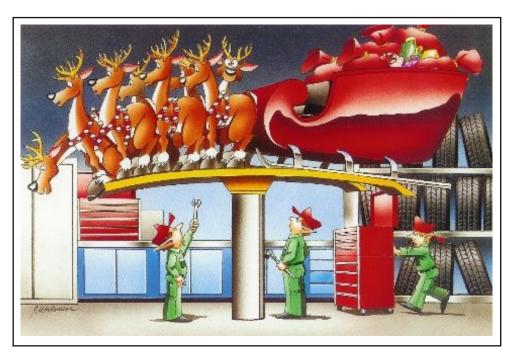


ROD HILDEBRAND



14065 Hwy. 8 Business / El Cajon, CA 92021 / 561-6400





Classic Friends Business Cards





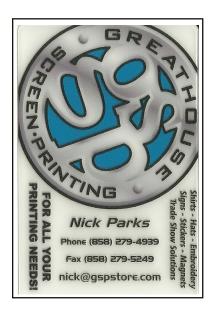












Contact Us At

club@tri-fiverevolution.com





Tri-Five Online

http://www.tri-fiverevolution.com





Danny Gayhart 11/4



Annette & Ron Foote 11/7





Claudia & Danny Gayhart 12/13



Anne Goldberg 11/10



Lynn Mayer 11/19



Ron Foote 11/20



Therese & Rich Correia 12/20



Mike Harvey 11/22



Lance Ruiz 12/17







Newsletter submissions are due by the 25th of each month.

Send to Ava@Tri-FiveRevolution.com

Classic friends are welcome to send information about your upcoming events.

Revolutionaries please let me know if I missed your special day.

Visit us online at http://www.tri-fiverevolution.com/newsletter to upload past newsletters.

Also for you convenience event pics are in past events and the gallery at

http://www.tri-fiverevolution.com/gallery

